

## Indiana Diabetes Advisory Council

Wednesday, July 8, 2009

Indiana State Department of Health, Rice Auditorium from 1-4PM

### I. Welcome and Introductions: Council Members in Attendance:

Linda Bailey	Monica Brooks	Martha Levey
Tina Elliott	William Gordon	Laura Mosier
Elizabeth Hamilton-Byrd	Katie Hillman	Ashley Thomas
Carrie Jackson-Logsdon	Shelly Leary	Linda Rusthoven
Phyllis Lewis	Michael Lindbloom	Jim Clark
Bob McDaniel	Carolyn Muegge	Karen Ten Cate
Tanya Parrish	Karen Pope	Jonathan Barclay
Henry Rodriguez	Linda Stemnock	Carl Chance
Bonita Strunk	Donna Vandergraff	Elliot Agudelo
Craig Wesley	Nancy Yoder	Sandra Edmond
Rizwana Biviji	Laura Heinrich	
Sarah Strawbridge	Barb Welty	

### II. Adoption of the *2009 Resolution Supporting Smoke-Free Environments* – Final comments on the resolution were taken from the members in attendance. It was decided that these edits would be incorporated into the document.

### III. Annual Action Plan – Sarah provided the Council with a revised DPCP workplan for their CDC grant. The format is easier to read.

### IV. Diabetes Prevention and Control Program (DPCP) Update – The Diabetes Prevention and Control Program gave an update of activities since the last quarterly Meeting. The DPCP Health Educator, Erin Triplett, resigned leaving a vacancy in this position. The final Close-Out Report for 2003-2008 grant period was submitted July 2, 2009. This report closed out the past grant period which ended March 29, 2009.

The DPCP Coordinator has given many presentations around the state with several more that are scheduled. These presentations have provided the DPCP the opportunity to promote the Living a Healthy Life program, evidence-based programs endorsed by the DPCP, and review the Consensus Guidelines for Diabetes Care. These include: Northwest Indiana Dietetics Association Meeting, March 2009; Priester National Extension Health Conference, April 2009; Indiana Association of Area Agencies on Aging Case Management Conference, April 2009; Building the Foundation for a Healthy Indiana: A Joint Indiana National Public Health Week Conference, April 2009 ; Indiana Rural Health Association, June 2009; and the future presentations include: Indiana Collaborative Conference on Aging, November 2009 and meetings with the four professional diabetes educator groups in Indiana.

### V. Evidence-Based Programs Promoted by DPCP – Sarah gave a presentation on the various evidence-based programs that the DPCP is supporting through their various grants, along with several programs that were developed by the National Diabetes Education Program (NDEP) which are focus group tested and uses scientific evidence to support them.

- a. Living a Healthy Life with Chronic Conditions (CDSMP) and EnhanceFitness are being implemented through the DPCP grants from the National Council on Aging and the National Association of Chronic Disease Directors.
- b. The NDEP programs include: *Power to Prevent*, *Small Steps-Big Rewards*, *Diabetes at Work*, and *The Road to Health Toolkit*. Sarah also briefly discussed the Diabetes Prevention Program and the work done through the IU School of Medicine.

VI. Guest Speaker – Mike Lindbloom, Physical Activity Specialist, from the Division of Nutrition and Physical Activity Division at the Indiana State Department of Health gave a presentation on the Indiana Healthy Weight Initiative and updated the Council members on other activities of his Division. Much of the work being done by this Division will impact the work of the Council members in the area of prevention of diabetes and nutrition and physical activity.

VII. Announcements

VIII. Committee Meetings – The Full Council meeting adjourned into Committee Meetings.

IX. Next meeting: October 6, 2009 from 1-4PM in Rice Auditorium at the Indiana State Department of Health

- a. Topics include YMCA Diabetes Prevention Program and Indiana Women's Diabetes Initiative

**Thank you! Thank you for your support!**